











	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  Memories  Opportunities  Social  Active  Intellectual  Creativity		- 🏃 Move & Groove <b>1</b> - 🎵 <b>Music Monday</b> - 🍽️ LUNCH 1:30 🗣️ Connecting with Nature - 🏓 Balloon Volleyball - 🍽️ DINNER - ❤️ Meditative Music	- 🏃 Sweat to the Oldies <b>2</b> - 🕒 Trivia Time Tuesday - 🍽️ LUNCH - 🚶 Destination Walking Club 2:00 🌿 Going Green in the Garden - 🎴 Card Games - 🍽️ DINNER - 🎵 Sing-Along	- 🏃 Seated Exercises <b>3</b> 11:00 🕒 Junk Drawer Detective [S] - 🍽️ LUNCH - 🎵 <b>Lucky Charm Delight</b> - 🧘 Manicures & Massages - 🍽️ DINNER	10:00 🏃 Global Yoga and Mindfulness <b>4</b> - 🍽️ LUNCH - 🎴 <i>Brushstrokes</i> 2:00 🧘 Manicures - 🍽️ DINNER 6:00 🎵 Meditative Music	10:00 🏃 Move and Groove <b>5</b> - 🍽️ LUNCH - ❤️ <i>Movie and Snacks!</i> 3:00 🕒 Crafter's Corner: Recycled Art - 🎴 Puzzling Time - 🍽️ DINNER	- 🏃 Sit & Be Fit <b>6</b> - 🎴 Word Games - 🍽️ LUNCH - 🏃 Balloon Noodle [S] - 🎵 <b>Saturday Matinee</b> - 🎨 Adult Coloring Club - 🍽️ DINNER
	- 🏃 Tai Chi <b>7</b> - 🎵 Hymn Sing - 🍽️ LUNCH - 🏓 Bowling - 🎴 Card Club - 🧩 Puzzling - 🍽️ DINNER	- 🏃 Move & Groove <b>8</b> - 🎵 <b>Music Monday</b> - 🍽️ LUNCH 1:30 🗣️ Connecting with Nature - 🏓 Balloon Volleyball - 🍽️ DINNER - ❤️ Meditative Music	- 🏃 Sweat to the Oldies <b>9</b> - 🕒 Trivia Time Tuesday - 🍽️ LUNCH - 🚶 Destination Walking Club 2:00 🌿 Going Green in the Garden - 🎴 Card Games - 🍽️ DINNER - 🎵 Sing-Along	- 🏃 Seated Exercises <b>10</b> 11:00 🕒 Junk Drawer Detective [S] - 🍽️ LUNCH - 🎵 <b>Lucky Charm Delight</b> - 🧘 Manicures & Massages - 🍽️ DINNER	10:00 🏃 Global Yoga and Mindfulness <b>11</b> - 🍽️ LUNCH - 🎴 <i>Brushstrokes</i> 2:00 🧘 Manicures - 🍽️ DINNER 6:00 🎵 Meditative Music	10:00 🏃 Move and Groove <b>12</b> - 🕒 Who's Got It Card Game - 🍽️ LUNCH - ❤️ <i>Movie and Snacks!</i> 3:00 🕒 Crafter's Corner: Recycled Art - 🎴 Puzzling Time - 🍽️ DINNER	- 🏃 Sit & Be Fit <b>13</b> - 🎴 Word Games - 🍽️ LUNCH - 🏃 Balloon Noodle [S] - 🎵 <b>Saturday Matinee</b> - 🎨 Adult Coloring Club - 🍽️ DINNER
	- 🏃 Tai Chi <b>14</b> - 🎵 Hymn Sing - 🍽️ LUNCH - 🏓 Bowling - 🎴 Card Club - 🧩 Puzzling - 🍽️ DINNER	- 🏃 Move & Groove <b>15</b> - 🎵 <b>Music Monday</b> - 🍽️ LUNCH 1:30 🗣️ Connecting with Nature - 🏓 Balloon Volleyball - 🍽️ DINNER - ❤️ Meditative Music	- 🏃 Sweat to the Oldies <b>16</b> - 🕒 Trivia Time Tuesday - 🍽️ LUNCH - 🚶 Destination Walking Club 2:00 🌿 Going Green in the Garden - 🎴 Card Games - 🍽️ DINNER - 🎵 Sing-Along	- 🏃 Seated Exercises <b>17</b> 11:00 🕒 Junk Drawer Detective [S] - 🍽️ LUNCH - 🎵 <b>Lucky Charm Delight</b> - 🧘 Manicures & Massages - 🍽️ DINNER	10:00 🏃 Global Yoga and Mindfulness <b>18</b> - 🍽️ LUNCH - 🎴 <i>Brushstrokes</i> 2:00 🧘 Manicures - 🍽️ DINNER 6:00 🎵 Meditative Music	10:00 🏃 Move and Groove <b>19</b> - 🎴 Can You Picture This? - 🕒 Who's Got It Card Game - 🍽️ LUNCH - ❤️ <i>Movie and Snacks!</i> 3:00 🕒 Crafter's Corner: Recycled Art - 🎴 Puzzling Time - 🍽️ DINNER	- 🏃 Sit & Be Fit <b>20</b> - 🎴 Word Games - 🍽️ LUNCH - 🏃 Balloon Noodle [S] - 🎵 <b>Saturday Matinee</b> - 🎨 Adult Coloring Club - 🍽️ DINNER
	- 🏃 Tai Chi <b>21</b> - 🎵 Hymn Sing - 🍽️ LUNCH - 🏓 Bowling - 🎴 Card Club - 🧩 Puzzling - 🍽️ DINNER	- 🏃 Move & Groove <b>22</b> - 🎵 <b>Music Monday</b> - 🍽️ LUNCH 1:30 🗣️ Connecting with Nature - 🏓 Balloon Volleyball - 🍽️ DINNER - ❤️ Meditative Music	- 🏃 Sweat to the Oldies <b>23</b> - 🕒 Trivia Time Tuesday - 🍽️ LUNCH - 🚶 Destination Walking Club 2:00 🌿 Going Green in the Garden - 🎴 Card Games - 🍽️ DINNER - 🎵 Sing-Along	- 🏃 Seated Exercises <b>24</b> 11:00 🕒 Junk Drawer Detective [S] - 🍽️ LUNCH - 🎵 <b>Lucky Charm Delight</b> - 🧘 Manicures & Massages - 🍽️ DINNER	10:00 🏃 Global Yoga and Mindfulness <b>25</b> - 🍽️ LUNCH - 🎴 <i>Brushstrokes</i> 2:00 🧘 Manicures - 🍽️ DINNER 6:00 🎵 Meditative Music	10:00 🏃 Move and Groove <b>26</b> - 🕒 Who's Got It Card Game - 🍽️ LUNCH - ❤️ <i>Movie and Snacks!</i> 3:00 🕒 Crafter's Corner: Recycled Art - 🎴 Puzzling Time - 🍽️ DINNER	- 🏃 Sit & Be Fit <b>27</b> - 🎴 Word Games - 🍽️ LUNCH - 🏃 Balloon Noodle [S] - 🎵 <b>Saturday Matinee</b> - 🎨 Adult Coloring Club - 🍽️ DINNER
	- 🏃 Tai Chi <b>28</b> - 🎵 Hymn Sing - 🍽️ LUNCH - 🏓 Bowling - 🎴 Card Club - 🧩 Puzzling - 🍽️ DINNER	- 🏃 Move & Groove <b>29</b> - 🎵 <b>Music Monday</b> - 🍽️ LUNCH 1:30 🗣️ Connecting with Nature - 🏓 Balloon Volleyball - 🍽️ DINNER - ❤️ Meditative Music	- 🏃 Sweat to the Oldies <b>30</b> - 🕒 Trivia Time Tuesday - 🍽️ LUNCH - 🚶 Destination Walking Club 2:00 🌿 Going Green in the Garden - 🎴 Card Games - 🍽️ DINNER - 🎵 Sing-Along	